


Monday	Tuesday	Wednesday	Thursday	Friday
	30-Aug <b>Welcome Back!</b> Cheeseburger or Rib-B-Q or Bagel & Cream Cheese (v) or Tomato Soup Veggie Cup or Fruit Cup Milk <i>Cook's Choice or Cereal</i>	31-Aug French Toast Sticks (v) or Pancake-on-Stick or Bagel & Cream Cheese (v) or Roasted Vegetable Soup Salad Cup or Fruit Cup Milk <i>Cook's Choice or Cereal</i>	1 BBQ Meatball Sandwich or Hot Dog or Bagel & Cream Cheese (v) or Chili & Cheese Veggie Cup or Fruit Cup Milk <i>Cook's Choice or Cereal</i>	2 PIZZA! Pepperoni or Cheese (v) or Bagel & Cream Cheese (v) or Ivar's Clam Chowder Salad Cup or Fruit Cup Milk <i>Cheese Omelet or Cereal</i>
5 <b>Labor Day No School</b>	6 Pasta Bar! Penne Pasta Parmesan White Sauce or Marinara (v) or Bagel & Cream Cheese (v) or Cream of Broccoli Veggie Cup or Fruit Cup Milk <i>French Toast Stix or Cereal</i>	7 Cinnamon Texas Toast (v) or Pancakes (v) or Bagel & Cream Cheese (v) or Roasted Vegetable Soup Salad Cup or Fruit Cup Milk <i>Fruit Muffin or Cereal</i>	8 Chicken Nuggets or Chef's Salad or Bagel & Cream Cheese (v) or Chili & Cheese Veggie Cup or Fruit Cup Milk <i>Cook's Choice or Cereal</i>	9 Oven Fried Chicken or Crispy Beef Nuggets or Bagel & Cream Cheese (v) or Ivar's Clam Chowder Salad Cup or Fruit Cup Milk <i>Yogurt Smoothie or Cereal</i>
12 Teriyaki Dippers or Teriyaki Chicken or Bagel & Cream Cheese (v) or Corn Chowder Salad Cup or Fruit Cup Milk <i>Waffle Sticks or Cereal</i>	13 Taco Burger or Rib-B-Q or Bagel & Cream Cheese (v) or Tomato Soup Veggie Cup or Fruit Cup Milk <i>Combo Bar or Cereal</i>	14 Scrambled Eggs & Ham or Waffle Stix (v) or Bagel & Cream Cheese (v) or Roasted Vegetable Soup Salad Cup or Fruit Cup Milk <i>Yogurt Smoothie or Cereal</i>	15 Cheeseburger or Chicken Patty on Bun or Bagel & Cream Cheese (v) or Chili & Cheese Veggie Cup or Fruit Cup Milk <i>Cook's Choice or Cereal</i>	16 PIZZA! Pepperoni or Cheese (v) or Bagel & Cream Cheese (v) or Ivar's Clam Chowder Salad Cup or Fruit Cup Milk <i>Cheese Omelet or Cereal</i>
19 Golden Corn Dog or Crispy Beef Taco or Bagel & Cream Cheese (v) or Chicken Noodle Soup Salad Cup or Fruit Cup Milk <i>Pancakes or Cereal</i>	20 Beef Macaroni Hot Dish or Caesar Chicken Salad or Bagel & Cream Cheese (v) or Cream of Broccoli Veggie Cup or Fruit Cup Milk <i>Fruit Muffin or Cereal</i>	21 Cinnamon Texas Toast (v) or Muffin w/Egg & Cheese or Bagel & Cream Cheese (v) or Roasted Vegetable Soup Salad Cup or Fruit Cup Milk <i>French Toast Stix or Cereal</i>	22 SOUP & SANDWICH DAY! Grilled Cheese Sandwich or Turkey & Cheese Hoagie or Bagel & Cream Cheese(v) or Chili & Cheese Veggie Cup or Fruit Cup Milk <i>Cook's Choice or Cereal</i>	23 MACHO NACHOS! Cheesy Nachos (v) or Meat & Cheesy Nachos or Bagel & Cream Cheese (v) or Ivar's Clam Chowder Salad Cup or Fruit Cup Milk <i>Combo Bar or Cereal</i>
26 Chicken Nuggets or Chef's Salad or Bagel & Cream Cheese (v) or Chicken Rice Soup Salad Cup or Fruit Cup Milk <i>Sausage Muffin or Cereal</i>	27 Cheeseburger or Chicken Patty on Bun or Bagel & Cream Cheese (v) or Tomato Soup Veggie Cup or Fruit Cup Milk <i>Yogurt Smoothie or Cereal</i>	28 French Toast Sticks (v) or Pancake-on-Stick or Bagel & Cream Cheese (v) or Roasted Vegetable Soup Salad Cup or Fruit Cup Milk <i>French Toast Sticks or Cereal</i>	29 Sloppy Joe or Ham & Cheese Hoagie or Bagel & Cream Cheese(v) or Chili & Cheese Veggie Cup or Fruit Cup Milk <i>Cook's Choice or Cereal</i>	30 PIZZA! Pepperoni or Cheese (v) or Bagel & Cream Cheese (v) or Ivar's Clam Chowder Salad Cup or Fruit Cup Milk <i>Cheese Omelet or Cereal</i>

**Breakfast Prices:** \$1.75 paid; \$.00 reduced\*; \$.00 free\*; \$2.25 Adults. **Lunch Prices:** \$3.25 paid; \$0.00 k-3; \$.40 4-12 reduced\*; .00 free\*;

V = VEGETARIAN



You may qualify for free or reduced price meals. Applications are available at all schools and the district office. For questions regarding the food service program you can call the food service office at 425-831-8030

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food Service Provided by Chartwells School Dining Services. Menu subject to change without notice. **Questions? Call 425-831-8030**



### WORD JUMBLE

Unscramble the names of these fruits and vegetables.



- BCRCEUMU should be \_\_\_\_\_
- RTWEARBRYSS should be \_\_\_\_\_
- WTESE OTTPAO should be \_\_\_\_\_
- HCINZCUI should be \_\_\_\_\_
- RADINAMN should be \_\_\_\_\_
- SDULSERNR NISUOPS should be \_\_\_\_\_
- UPNKMIP should be \_\_\_\_\_
- TWALNOERME should be \_\_\_\_\_



**ANSWERS:**  
1. cucumber, 2. strawberry, 3. sweet potato,  
4. zucchini, 5. mandarin, 6. brussels sprouts,  
7. pumpkin, 8. watermelon

