

FRIENDS FOREVER TESTIMONIALS

Jonathan, 9 years old:

"I get to spend a lot of time with my dad and see new places. I get to hang out with my cool new friends that I met in Adventure Guides and they became my best friends."

Steve, Dad:

"The Adventure Guides program has been an excellent means for me and my daughter to enjoy a closer relationship and to meet and interact with other adults and children. The numerous camping and recreational opportunities planned by the YMCA Staff and Guides leadership makes it very easy and convenient to participate; all of the planning and arrangements are made by the YMCA so all I have to do is pick up and go!"



YMCA
OF GREATER SEATTLE

We build strong kids,
strong families,
strong communities.

**Sammamish Family YMCA
4221 228th Ave SE Suite C
Issaquah, WA 98029**

Everyone is Welcome. The YMCA is a membership organization open to all people. If you cannot afford the full cost of a YMCA program or membership, please ask for a confidential scholarship application.

Financial Assistance, to the extent possible, is available to those in need. If you have a disability and need further assistance or information, please contact your local YMCA at 425-391-4840 or our TTY line at 206-382-5346.

The YMCA of Greater Seattle is a charitable, non-profit organization serving King and South Snohomish Counties since 1876.

SHARE THE SPIRIT OF ADVENTURE WITH YOUR CHILD



SIGN UP NOW FOR 2008-2009!



YADVENTURE GUIDES

We build strong kids, strong families, strong communities.



YMCA Adventure Guides Program

Y-Adventure Guides is a program for fathers (or other significant adult) and children designed to help foster a lifetime of understanding and companionship and to strengthen the relationship between parent and child.

Parent-child pairs join a circle with families in their neighborhood or school they attend which usually meets once a month for games, crafts, stories and other activities. The circles are a part of a larger Expedition which offers activities each month such as campouts, pine block derbies, carnivals, etc.

Objectives:

- Builds a sense of self-esteem
- Expands awareness of spirit, mind and body
- Enhances the quality of family time
- Offers unique opportunities to develop volunteer leadership skills
- Fosters companionship between parent and child

Aims:

- To be clean in body and pure in heart
- To be FRIENDS FOREVER with my dad/son/daughter
- To love the sacred circle of my family
- To listen while other speak
- To love my neighbor as myself
- To respect the traditions and beliefs of all people
- To seek and preserve the beauty of our forest, field and stream

Frequently Asked Questions

- Q. My children are busy, and I don't think I have time. Can I still be involved in this program?
- A. Generally there are 2 events held each month and families may attend based on their availability.
- Q. Can I join Adventure Guides with my child if we don't know anyone else in our area?
- A. You may register for the program on your own, with your friends, neighbors, classmates or colleagues. Each family will belong to a small group, which will allow you and your child to establish friendships as you participate together.
- Q. Who operates the program?
- A. The YMCA administers the program and provides support, training and resources for the volunteer leadership.
- Q. When I was a child, I was in Indian Guides with my dad. Is this the same program?
- A. Yes. "Indian Guides" was originally developed in 1926. The Adventure Guides program maintains the same family values from the past, while accommodating the needs of today's families.
- Come to our Fall Kickoff event September 21st at the Sammamish Family YMCA!**
This free event is for the whole family.
 4:00-5:00 Orientation for new members and those interested in joining the program
 5:00-8:00 Registration & Supply Pick Up
 5:30-7:00 Dinner (hot dogs, chips, veggies & drinks)
 5:30-7:30 Swimming, crafts, bounce house & Open Gym

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www.sammamishymca.org

Adventure Guide Program Coordinator

Linda Toycen
ltoycen@seattleyymca.org
<http://seattleyadventureguides.wikispaces.com>

Program Fees

Parent and 1st child \$130
(includes family program membership)
Each Additional child \$75

There are also event fees that are paid only for those events you choose to attend.

Events for 2008/2009

September 21st Fall Kickoff Event & Registration Night
October 10-11 Father/Daughter Fall Campout
October 25-26 Father/Son Fall Campout
October 26 Pumpkin Derby
November 14 Father/Daughter Sock Hop
November 21 Father/Son Pineblock Derby
November 30 Nutcracker outing
January 23 Father/Daughter Pineblock Derby
February TBD Thunderbird Hockey outing
February 20-22 Father/Daughter Winter Campout
February 27-March 1st Father/Son Winter Campout
March 14 Family Carnival
April TBD Father/Son Rocket Day
May TBD Mariner game outing
May 29-31 Father/Daughter Spring Campout
June 5-7 Father/Son Spring Campout